

Words Matter: Trauma sensitive language with children

Trauma

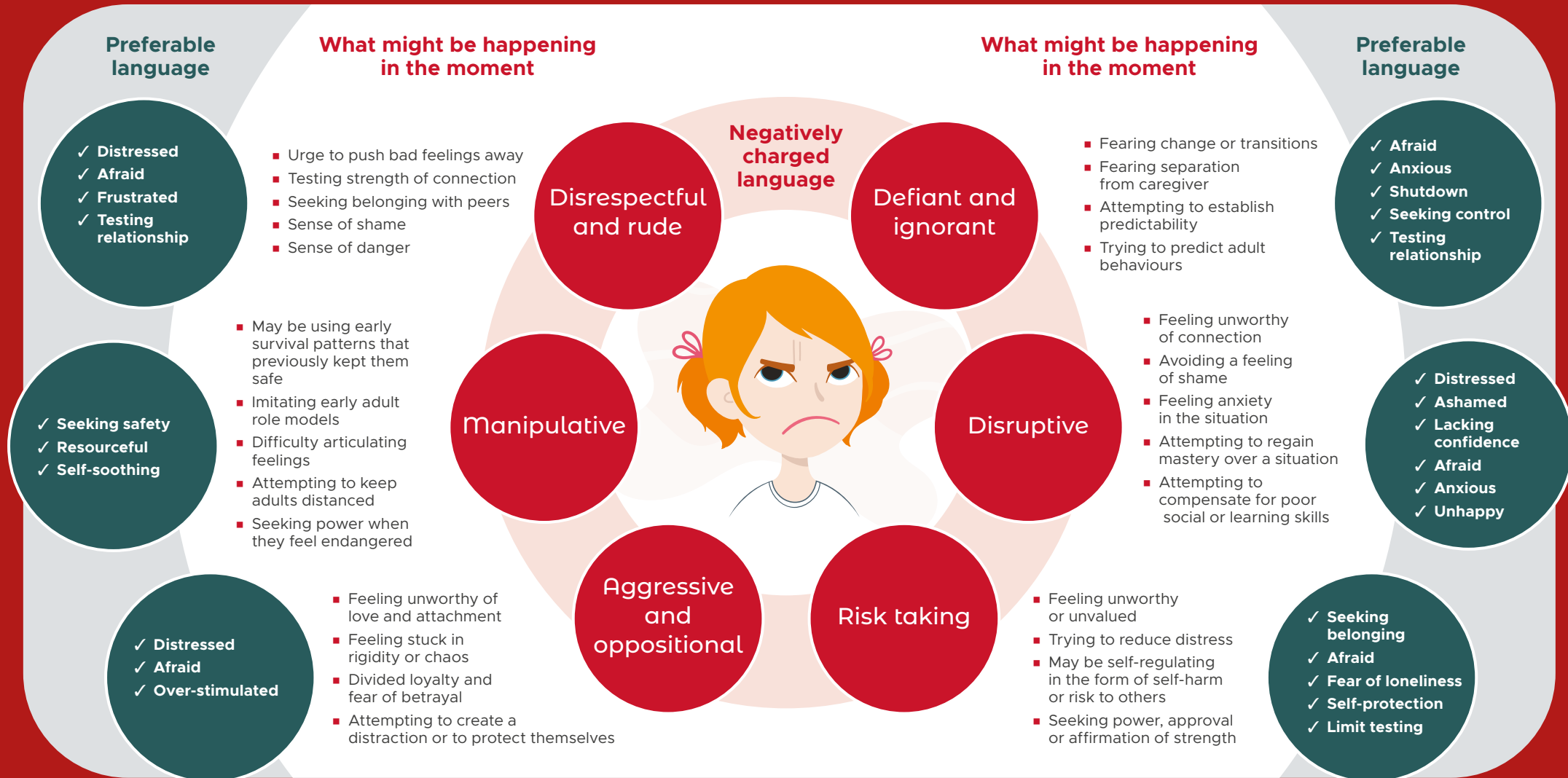
is expressed through behaviours not language
can mask fear or shame

Stress responses

are known as 'fight', 'flight', 'freeze' and 'fawn'
can resemble anti-social behaviours

Negative language

blames children for their trauma
is internalised by children and leads to negative labels



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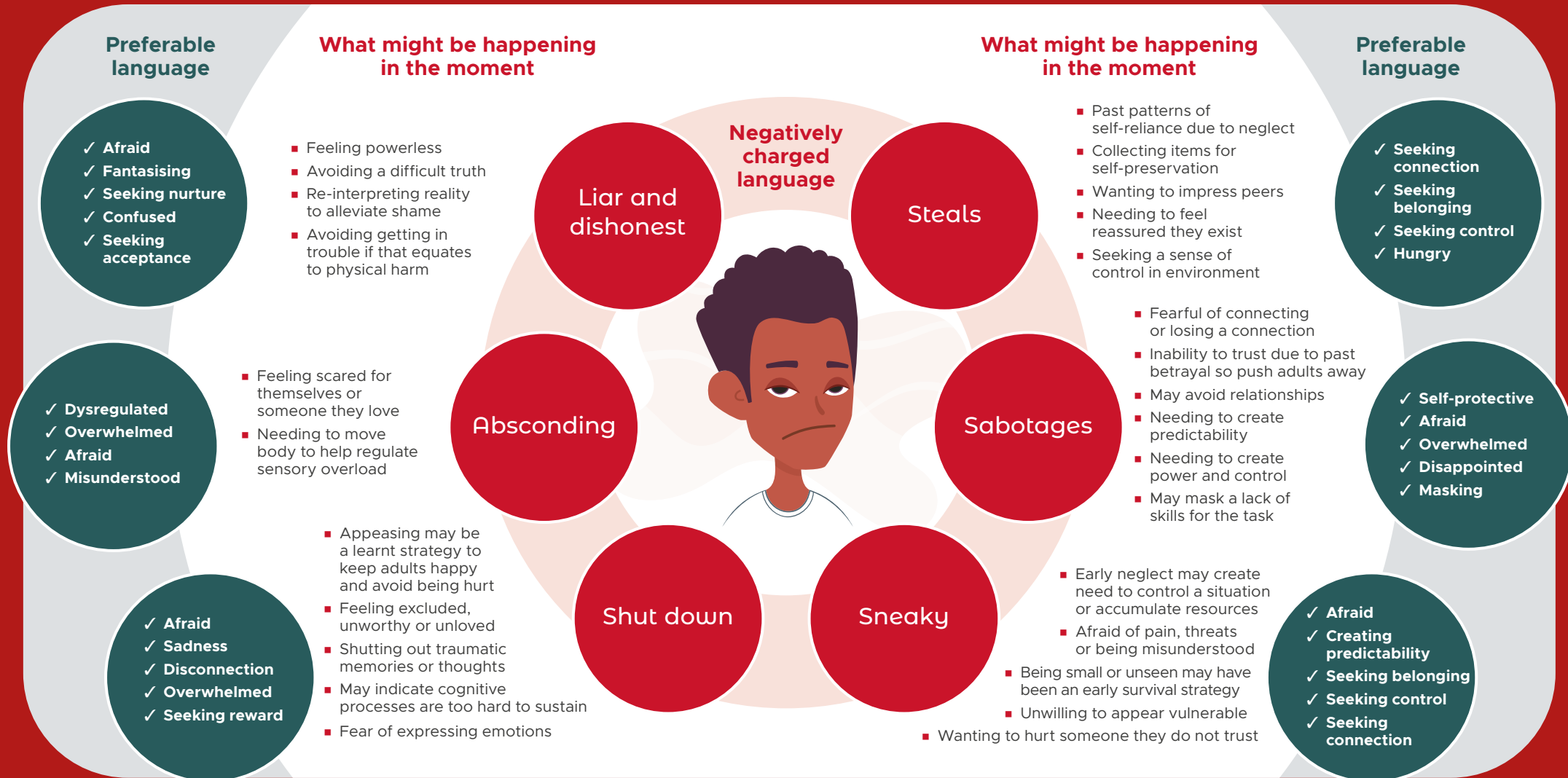
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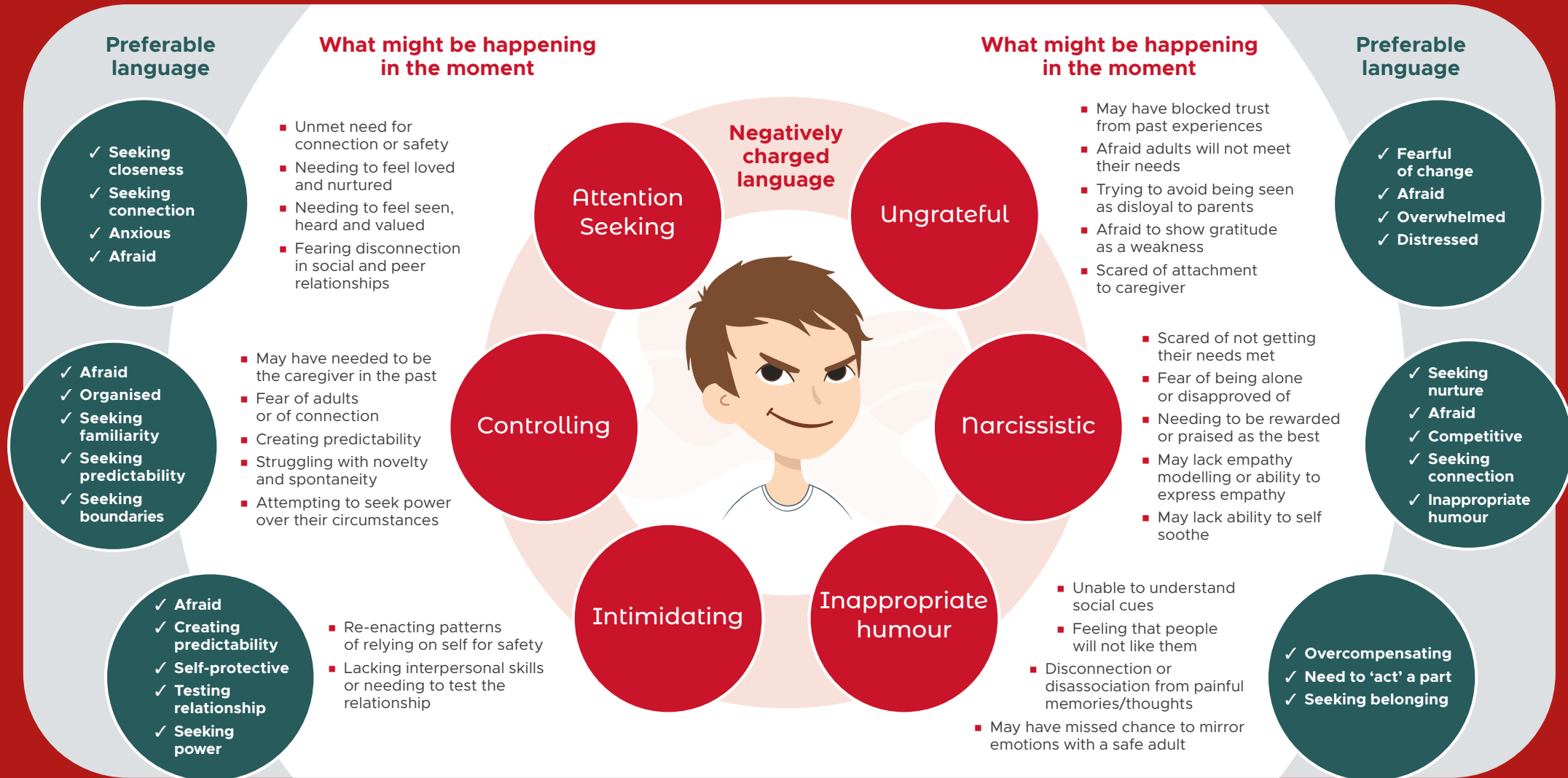
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