

## Foster Carer Logs - What to Record

- Daily record to be brief and age appropriate ie: significant incidents and important milestones
- Any changes or concerns ie: around family time or health issues
- Disagreements or complaints from birth family
- Disclosures or allegations from the child about abuse or neglect
- Accidents or injuries (even if slight)
- Dates of meetings/ phone calls, attendance, decisions or medical appointments
- Contact visits and child's reactions pre and post event

Don't forget to check and sign them.

Write this as a narrative to the child.

Avoid negative language or assumptions ie: 'You had a bad night's sleep because you saw mummy yesterday'.

### Example:

You woke at 7am and seemed a bit unsettled, which is unusual for you. You had your breakfast shortly after and this seemed to help, and you were much more smiley. Your health visitor came for a pre-planned visit at 10am and said that you are doing well developmentally but she still is still wondering about your left foot as it turns inwards especially now you are walking. She recommended taking you to the GP. I made an appointment for Tuesday 12<sup>th</sup> May at 2pm.

We went to the park in the afternoon, and you were knocked over by another child. You didn't cry, just picked yourself up and carried on playing, even though you had a nasty graze on your knee. I cleaned this with water and cotton wool when we got home and let your social worker know.