



What items need to go in the family time bag?
(You may want to consider having 2 bags)

- Nappies, minimum of 3
- Nappy bags
- Change of clothes and bibs (*clothes need to be weather appropriate and fit! Carers sometimes leave spare clothes in the bag but never take them out and often the clothes are there but no vest or spare socks etc.*)
- Bottles, formula
- Wipes (Water Wipes have the least irritants)
- Cream, i.e. Sudocrem
- Spare dummy
- Favourite blanket, toy, book etc.
- Communication book

Note: Check no paperwork has been left in the bag