

# Moving from my family into a foster family



Play!



I hope that we can have lots of fun together!



I am looking forward to hearing about what you like to play.



There are lots of toys in your new home.



You can play with all the toys!



The toys are here all the time.



What toys do you like to play with?

I would like to play with your favourite toys with you 😊





# Food



There will always be plenty of food in your new home.



There maybe some foods you like.



There maybe some foods you don't like.



Sometimes feelings can make children want to eat lots.



Sometimes feelings can make children want to eat only a little.



Food keeps your body moving and your foster carers will help you with food.



What foods would you like in your new home?

What foods would you not like in your new home?



# Bedtime



You will always have your own bed when you live in your new home.



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Your bed is for you.

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You will have your own blankets and pillows.

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Your bed will be clean and warm.

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Your new home will always be safe whilst you sleep.

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If you need the toilet in the night that's OK.

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You can ask for help even at night time.

What are your favourite things at bedtime?

What do you not like at bedtime?





# School

If you are already at school, we'll help figure out if it's better for you to stay where you are or move to a new school.



Your teacher will know you're living with a foster carer, but it is your choice if you want to tell your friends.



If you have any problems at school please talk to your teacher, foster carer or social worker.



School is important because it's where you can make friends and learn all about the world!



What is important to you about school?

